

Comprehensive School Physical Activity Programs (CSPAP) Community of Practice (CoP)

Earn up to 9 hours of FREE Act 48 credits!

What: The CSPAP CoP is a network of professionals committed to enhancing physical activity and wellness in Pennsylvania schools. The CoP will consist of professional development and technical assistance on the five components of CSPAP.

Who: Teachers, school nurses, administrators, other school staff and parents interested in learning more about how implementing a CSPAP can benefit student health and directly impact a school and the community.

When: Monthly, virtual workshops during the 2024-2025 school year. The one-hour workshops will be offered on different days and times to be flexible for school professionals' schedules. Choose to attend the sessions that fit your schedule!

How: Click [here](#) to view the schedule of professional development topics and to register for the monthly PD workshops.



Active Students = Better Learners
www.cdc.gov/healthyschools/PEandPA

Some of the planned workshop topics include:

- School Health Index & Wellness Committees
- Active Travel to Schools
- Physical Education Curriculum Analysis Tool (PECAT)
- How to Be the Physical Activity Leader You Wish You Had in School

Questions or problems registering? Contact Hannah at hannah.holl@sru.edu

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